

August 2009 MoneyMinute – Accessible Economics and Train Your Brain

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This month we would like to suggest two websites to use as resources when you see fit.

Khan Academy

<http://www.khanacademy.org>

Khan Academy is a not-for-profit organization founded by Salman Khan. Sal is an investment professional whose true calling may be as a teacher. This amazing website has more than 800 YouTube videos (typically 7-10 minutes) that teach math concepts from basic arithmetic through algebra, statistics, calculus and differential equations.

Why would we recommend this website to you? On the left-hand side of the website are numerous videos that discuss financial topics. For example, there is a section about Current Economics, the Geithner Plan, Credit Crisis, Banking and Money, and the like. The next time you are reading an article that mentions the unemployment rate, go to this website to view Sal's explanation of the many ways unemployment is counted and reported.

You may not want to revisit the math lessons of your youth, but the many math concepts videos may be great for your kids. And while math is objective, economics, on the other hand, is often subjective. Sal offers a point of view in his numerous economic videos.

Disclaimer: I have always loved math. So I may have an abnormal attraction to this geeky web site. However, my daughter, who is much less keen on math and numbers, finds these videos helpful and entertaining.

Lumosity

<http://www.lumosity.com>

This second website was recommended to me by a friend. Lumosity offers games for your brain designed to improve your speed, memory, attention, flexibility and problem solving. They recommend 10 minutes a day to exercise your brain. I gave several of the games a go. They were fun, and some were much more challenging than others. (OK, I admit, my initial score on a couple of the exercises was pathetic.)

We hope you enjoy both of these resources. Please let us know how you like them.

If you have friends who may benefit from the monthly *MoneyMinute*, please forward this to them. To sign up for your own copy: <http://www.feesonly.com/moneyminute.html>

The articles page on our website covers planning issues from real estate to long-term care, from investment risk to college funding, and more. See the rest at: <http://www.feesonly.com/Articles.html>.

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